

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Fitness with Jared @ 9:30</i> Crib Tournament @ 10	3 Food Bank Volunteer @9:15-12 BINGO @ 1	4 READ Saskatoon– Budgeting Workshop @9:30 Cooking @ 1– <u>Bannock</u>	5 <i>Chair Yoga @9:30</i> <u>Current Events@10:30</u>	6 Members Mtg.@9:30 <i>Skip-Bo@ 10:30</i> Thanksgiving Lunch Documentary@12:30 –Grizzly Man <i>*Art @ 1– Craft Show</i>	7
8	9 THANKSGIVING CROCUS CLOSED	10 Men’s Group @ 9:30 Craft Show Mtg @12 <i>Art @ 1-Halloween Centerpiece Craft</i> <i>Finance Mtg.@1:30</i>	11 <i>Coffee @ Little Bird @9:30</i> <i>Cooking@1– Puffed wheat Cake</i>	12 <i>Stretching & Weight Training @ 9:30</i> <u>Current Events@10:30</u> <i>*Art @1– For Craft Show</i>	13 <i>Work Mtg.@9:30</i> <i>Games@10:30</i> <i>Manicures@12</i> <i>Movie@12:30– Mrs. Doubtfire</i> Stitch & Knit @1	14
15	16 <i>Fitness with Jared@9:30</i> Crib Tournament @ 10 Creative Writing @1	17 Food Bank Volunteer @ 9:15-12 <i>Art @1-Soap Making Board Mtg. @ 1:30</i>	18 <i>Diabetes Health With Jared @ 9:30</i> <i>Cooking @1– Hashbrown Casserole</i>	19 <i>Chair Yoga @9:30</i> <u>Current Events@10:30</u> <i>Women’s Group @1– Pottery Painting</i>	20 <i>Work Mtg.@9:30</i> <i>Monoploy@10:30</i> <i>Documentary@12:30– Lo & Behold: Reveries of the Connected World</i> <i>*Art @ 1-Craft Show</i>	21
22	23 <i>Fitness with Jared@ 9:30</i> Crib Tournament @ 10 <i>Heart Health with Jared @ 1</i>	24 Self Care– Guided Meditation @9 <i>Social Program Mtg. @10</i> <i>Art @ 1– Christmas Craft</i>	25 <i>Sleep Hygiene with Jared @9:30</i> <i>Cooking @ 1– Food Box</i>	26 <i>Stretching & Weight Training @9:30</i> <u>Current Events@10:30</u> <i>*Art @ 1– For Craft Show</i>	27 <i>Work Mtg.@9:30</i> <i>Games@10:30</i> <i>Manicures@12</i> <i>Movie@12:30–K-9</i> Stitch & Knit @1	28
29	30 <i>Fitness with Jared@ 9:30</i> Crib Tournament @ 10 <i>Art with Sheighlah @1– Calligraphy</i>	31 Halloween Party @ 10 Movie @12:30– Nightmare Before Christmas OR Practical Magic				