

May 2017

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------|--|---|--|---|---|-------------------------|
| | 1 Crib Tournament @ 10am Bingo @ 1pm | 2 White Buffalo @ 9:45 Art @ 1pm– Knitting | 3 Smoking Cessation @ 10am Men's Group @ 12:15 | 4 Stretching and Fitness @ 9:30 am Current Events @ 10:30am | 5 Work Mtg @ & Members Mtg @ 9:30am Games@10:30 am Movie@ 12:30 pm | 6 CROCUS CLOSED |
| 7 CROCUS CLOSED | 8 Walking @ 9:30 Crib Tournament@12 | 9 White Buffalo @ 9:45 Art @ 1pm– Needle point Finance mtg.@ 1:30 | 10 PANCAKE BREAKFAST 7:30-10:30am Games @ 1pm | 11 Stretching and Fitness @ 9:30 Current Events @ 10:30am | 12 Work Mtg @ 9:30 am Games @10:30 Documentary @ 12:30 | 13 CROCUS CLOSED |
| 14 CROCUS CLOSED | 15 Connect XYE @ City Centre Church Crib Tournament @ 12pm | 16 Women's Group @1pm– Cross stitch Board Mtg. @1:30 | 17 Tidbit: Assertive Communication @ 10:30 Cooking @ 1pm | 18 Stretching and Fitness @ 9:30 Current Events @ 10:30 | 19 Work Mtg @ 9:30 Games @ 10:30am Movie @ 12:30 | 20 CROCUS CLOSED |
| 21 CROCUS CLOSED | 22 VICTORIA DAY CROCUS CLOSED | 23 Social Program Mtg. @ 10am Focus Group @ 10:30 Art @ 1pm-knitting | 24 Computer Basics @10am Foot Care Cooking @ 1pm | 25 Stretching and fitness @ 9:30 Current Events @ 10:30 Men's Group @ 12:15 | 26 Work Mtg. @ 9:30 Games @ 10:30am Documentary @ 12:30 | 27 CROCUS CLOSED |
| 28 CROCUS CLOSED | 29 Walking @ 9:30 Crib Tournament @ 12 | 30 Creative Writing @ 10:30 Art @ 1pm | 31 Women's Group @ 10 am Tidbit: PTSD@ 1pm | | | |